

### Lunch Price \$2.50

Lunch includes one Entrée, Fruit & Vegetable choices, & choice of Milk variety.

#### Daily Milk Selection:

1% White,  
Non-Fat White,  
Non-Fat Chocolate & Non-Fat Strawberry  
Milk Only—\$.60

#### Assorted Cold Sandwiches:

Turkey, Ham & Salad  
(Chicken/Tuna/Egg)  
PBJ Uncrustable

Bottled Water—\$.60 or  
free cup for fountain water

To make a  
prepayment to your  
child's lunch  
account, please send in  
check or cash with the  
Student's Name & ID #.  
Please make  
payable to  
"UCF CAFETERIA"

Online Payments at  
[www.schoolcafe.com](http://www.schoolcafe.com)

\*Please see next menu  
page for more details!

Apply for Free/Reduced  
Priced Meals at :  
[www.schoolcafe.com](http://www.schoolcafe.com)

Ready, Set,  
**BREAKFAST!**  
School Breakfast  
gets you and  
your body ready  
for the day!!



# UCFSD Elementary Lunch Menu Aug/Sept 2018



Hillendale



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Entrees:</b> Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack	<b>Daily Entrees:</b> Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack	<b>Daily Entrees:</b> Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack	<b>Daily Entrees:</b> Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack	<b>Daily Entrees:</b> Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack
<b>Entrees</b> <span style="float: right;">27</span> <b>Original Smackers are Back!</b> Chicken Smackers w/Roll Black Bean Taco <b>Sides</b> Fruit Variety Potato Emoji Smiles Fresh Baby Carrots <b>Daily Milk Selection</b> <span style="float: right;">A</span>	<b>Entrees</b> <span style="float: right;">28</span> Buffalo Chicken Sandwich Macaroni & Cheese <b>Sides</b> Fruit Variety Tater Tots Sliced Tomatoes <b>Daily Milk Selection *</b> <span style="float: right;">B</span>	<b>Entrees</b> <span style="float: right;">29</span> Beef Nachos Tortilla Chips w/Cheese <b>Sides</b> Fruit Variety Refried Beans Shredded Lettuce/Diced Tomato <b>Daily Milk Selection *</b> <span style="float: right;">C</span>	<b>Entrees</b> <span style="float: right;">30</span> Chicken Patty on Bun Grilled Cheese Sandwich <b>Sides</b> Fruit Variety Tomato Soup Steamed Broccoli <b>Daily Milk Selection *</b> Extra: Goldfish Pretzel Crackers <span style="float: right;">D</span>	<span style="float: right;">31</span> 
<span style="float: right;">3</span> 	<b>Entrees</b> <span style="float: right;">4</span> Hot Hammie on Pretzel Roll French Bread Pizza <b>Sides</b> Fruit Variety Sweet Potato Fries Veggie Crunch Cup <b>Daily Milk Selection *</b> <span style="float: right;">E</span>	<b>Entrees</b> <span style="float: right;">5</span> All Beef Hot Dog Breakfast Sandwich <b>Sides</b> Fruit Variety Baked Beans Potato Smiles <b>Daily Milk Selection *</b> <span style="float: right;">F</span>	<b>Entrees</b> <span style="float: right;">6</span> Chicken Tenders w/Roll Fish Sticks w/Biscuit <b>Sides</b> Fruit Variety French Fries Fresh Cucumber Slices <b>Daily Milk Selection *</b> Extra: Teddy Grahams <span style="float: right;">A</span>	<b>Entrees</b> <span style="float: right;">7</span> Rib B Que Sandwich Bosco Sticks <b>Sides</b> Fruit Variety Peas Romaine Salad <b>Daily Milk Selection *</b> <span style="float: right;">B</span>
<b>NO SCHOOL TODAY!!</b> <span style="float: right;">10</span> 	<b>Entrees</b> <span style="float: right;">11</span> Sweet/Sour Chicken, Rice, Roll Sea Wonders <b>Sides</b> Fruit Variety Steamed Broccoli Fresh Baby Carrots <b>Daily Milk Selection *</b> Extra: Rice Krispie Treat <span style="float: right;">D</span>	<b>Entrees</b> <span style="float: right;">12</span> Ham/Cheeseburger on Bun Macaroni & Cheese w/TX Toast <b>Sides</b> Fruit Variety Lettuce/Tomato Steamed Corn <b>Daily Milk Selection *</b> <span style="float: right;">E</span>	<b>Entrees</b> <span style="float: right;">13</span> Pulled Pork Sliders Baked Pasta <b>Sides</b> Fruit Variety Peas Romaine Salad <b>Daily Milk Selection *</b> <span style="float: right;">F</span>	<b>Entrees</b> <span style="float: right;">14</span> Grilled Chicken Sandwich Pancakes w/Omelet <b>Sides</b> Fruit Variety Hash Browns Fresh Cucumber Slices <b>Daily Milk Selection *</b> <span style="float: right;">A</span>
<b>Entrees</b> <span style="float: right;">17</span> Chicken Tenders w/Roll Lasagna Roll Up <b>Sides</b> Fruit Variety French Fries Steamed Corn <b>Daily Milk Selection *</b> <span style="float: right;">B</span>	<b>Entrees</b> <span style="float: right;">18</span> Hard/Soft Taco Cheese Quesadilla <b>Sides</b> Fruit Variety Fiesta Bean Salad Shredded Lettuce/Diced Tomato <b>Daily Milk Selection *</b> <span style="float: right;">C</span>	<b>NO SCHOOL TODAY!!</b> <span style="float: right;">19</span> 	<b>Entrees</b> <span style="float: right;">20</span> Roasted Turkey Sandwich Bosco Sticks <b>Sides</b> Fruit Variety Whipped Potatoes Peas <b>Daily Milk Selection *</b> <span style="float: right;">D</span>	<b>Entrees</b> <span style="float: right;">21</span> Pasta and Meatballs Max Stix w/Marinara <b>Sides</b> Fruit Variety Fresh Cucumber Slices Romaine Salad <b>Daily Milk Selection *</b> <span style="float: right;">E</span>
<b>Entrees</b> <span style="float: right;">24</span> Chicken Patty on Bun Grilled Cheese Sandwich <b>Sides</b> Fruit Variety Tomato Soup Steamed Broccoli <b>Daily Milk Selection</b> Extra: Goldfish Pretzel Crackers <span style="float: right;">F</span>	<b>Entrees</b> <span style="float: right;">25</span> Buffalo Chicken Sandwich Macaroni & Cheese <b>Sides</b> Fruit Variety Tater Tots Sliced Tomatoes <b>Daily Milk Selection *</b> <span style="float: right;">A</span>	<b>Entrees</b> <span style="float: right;">26</span> Chicken Smackers w/Roll Black Bean Taco <b>Sides</b> Fruit Variety Potato Smiles Fresh Baby Carrots <b>Daily Milk Selection</b> <span style="float: right;">B</span>	<b>Entrees</b> <span style="float: right;">27</span> Beef Nachos Tortilla Chips w/Cheese <b>Sides</b> Fruit Variety Refried Beans Shredded Lettuce/Diced Tomato <b>Daily Milk Selection *</b> <span style="float: right;">C</span>	<b>Entrees</b> <span style="float: right;">28</span> Cheese Steak Sandwich Personal Pan Pizza <b>Sides</b> Fruit Variety Romaine Salad Steamed Corn <b>Daily Milk Selection *</b> <span style="float: right;">D</span>

NEW THIS YEAR!! Baked Pasta, Fish Sticks, Pulled Pork Sliders, Buffalo Chicken Sandwich, Roasted Turkey Sandwich

## ELEMENTARY SCHOOL BREAKFAST PROGRAM

Don't skip that morning meal! Studies have shown that children who eat a nutritious breakfast are more attentive in class, score higher on standardized tests, and are healthier than those children who do not eat breakfast. With today's busy schedules, many families do not have time to fit a balanced meal into their morning schedules. The School Breakfast Program is available for children to get their day started with a nutritious meal that parents can feel good about. The kids like it because they can enjoy breakfast with friends while enjoying those few extra minutes of sleep in the morning before the bus.

Breakfast is \$2.00 for the meal. It includes: Entrée, Fruit and Milk Variety. This year we are offering a hot breakfast choice daily along with our other daily breakfast packages.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Entrées:</u></b> Omelet/Bagel Muffin Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> French Toast Sticks Muffin Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> Breakfast Pizza Muffin Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> Pancakes Muffin Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> Waffle Muffin Cereal Yogurt  Fruit Variety Milk Variety

## STUDENT ACCOUNT INFORMATION

To make a prepayment to your child's lunch account, please send in cash or a check payable to "UCF Cafeteria." Indicate the teacher and the full name of the student along with the Student ID number in the memo if you have it.

As we move forward to allow parents the ability to view nutritional/allergen information online, we have changed our online service provider. This year SchoolCafé replaces MySchoolBucks. SchoolCafé is an online payment service that provides a quick and easy way to add money to your student's account using credit/debit card or electronic check. You can even view recent purchases, check balances and set up low balance alerts for free! Create your account today by going to [www.SchoolCafe.com](http://www.SchoolCafe.com) and register for a free account. If you had an account with MySchoolBucks, you will have to re-register at [www.schoolcafe.com](http://www.schoolcafe.com). If you have additional questions, feel free to contact the Food Service Office at 610-347-0970 ext 3334.

[www.schoolcafe.com](http://www.schoolcafe.com)

